

## Building a Grief Practice Virtual Workshop



Loss is something we all experience and we all grieve in different ways. In this workshop we will explore a model for stages of grief, how some people observe grief and how grief can be processed through creativity and activity. Each participant will create an outline for their own personal grief practice.

\*This workshop is best suited for those now experiencing an immediate and recent loss.

**Presented by Thomás Grubb LPC**



**The Northwest Catholic Counseling Center**

*Serving all regardless of faith or finances*

*A State Certified Counseling Agency*

*Donations are tax-deductible. Tax ID 93-1088962*

8383 N.E. Sandy Boulevard, Suite 205 • Portland, Oregon 97220 • 503.253.0964

[www.nwcounseling.org](http://www.nwcounseling.org)

**When:**

**Friday, October 22nd, 2021**

***1:00 PM - 3:00 PM PT***

**Virtual Zoom Session:**

Email with links for access will be sent the day of the workshop.

**Register:**

**Online**

[nwcounseling.org/services/workshops/](http://nwcounseling.org/services/workshops/)

**Or Call (503)253-0964**

**Cost:**

**\$30 per household** \**Hardship scholarships available upon request* \*

**Pre-registration required. Workshop fee must be paid at time of registration.**

*Workshop fee is non-refundable: fee will remain a workshop credit for 6 months.*