



Personal Freedom thru the 4 Agreements

Presented by Shirley Price, LPC

We can often live our lives with self-limiting beliefs that can contribute to us feeling stuck, uninspired, and in the depths of suffering. Exploring new beliefs or adjusting the mindset can help free ourselves.

Come for a support session from a knowledgeable therapist to learn about Don Miguel Ruiz's powerful *Four Agreements* and how to use them to make transformations in your life.



The Northwest Catholic Counseling Center

Serving all regardless of faith or finances

A State Certified Counseling Agency

Donations are tax-deductible. Tax ID 93-1088962

8383 N.E. Sandy Boulevard, Suite 205 • Portland, Oregon 97220 • 503.253.0964

www.nwcounseling.org

When:

Saturday, June 12th, 2021
10:30 AM - 12:00 PM PT

Virtual Zoom Session:

Email with links for access will be sent the day of the workshop.

Register:

Online

nwcounseling.org/services/workshops/

Or Call (503)253-0964

Cost:

\$25 per household

Hardship scholarships available upon request

Pre-registration required. Workshop fee must be paid at time of registration.

Workshop fee is non-refundable: fee will remain a workshop credit for 6 months.