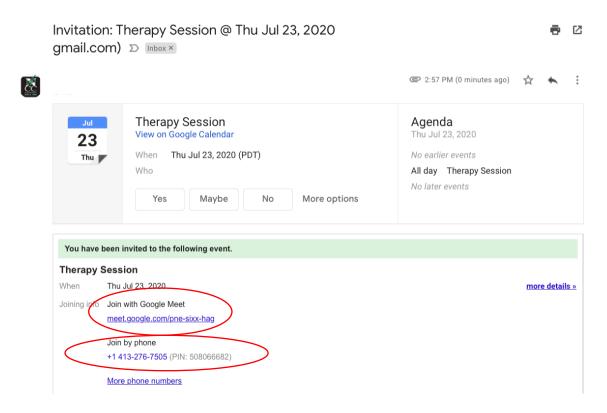
The Northwest Catholic Counseling Center

Serving all regardless of faith or finances

How to Use Google Meet

Disclaimer: Please be patient with us and with yourselves as we all navigate this technology together!

Your therapist will send you an email with the link to the video session. The email also includes a phone number if you all choose to call in for a phone session (you will need to type in the PIN number next to the phone number when prompted).



There are a few ways to join the meeting, but the easiest way is to go to the email your therapist sent you and click on the link in the email (e.g. meet.google.com/pne-sixx-hag).

For other ways to join the meeting, click here to view Google Meet's Cheat Sheet.

A State Certified Counseling Agency

Donations are tax-deductible. Tax ID 93-1088962

No goods or services were exchanged for this donation

When you are in the meeting, you can customize video settings, interact with participants, or share your screen. The most important tools for therapy are the microphone, the camera, and leaving the meeting:

