



Parenting Your Child with a Mental Health Diagnosis Virtual Workshop

Presented by Korina Jochim, LMFT

Has your child been diagnosed with a mental health disorder, such as generalized anxiety, major depression, OCD, or ADHD? Is your teenager acting out and you are at your wit's end? Are you struggling to cope, and unsure how to best support your child at home without losing your own stability?

Come for a support session from a knowledgeable child therapist, meet other parents in similar situations, and learn what works (and what relatively easy fixes will prevent things from getting worse).

There is hope!



The Northwest Catholic Counseling Center

Serving all regardless of faith or finances

A State Certified Counseling Agency

Donations are tax-deductible. Tax ID 93-1088962

8383 N.E. Sandy Boulevard, Suite 205 • Portland, Oregon 97220 • 503.253.0964

www.nwcounseling.org

When:

Saturday, June 20

1pm – 3pm

How:

Email with Zoom links and access will be sent day of workshop

Cost: \$30* per household

Register Online:

nwcounseling.org/services/workshops/

Or Call: (503)253-0964

Pre-registration required. Workshop fee must be paid at time of registration.

**Hardship scholarships available upon request*