

Laboor of oLove

*Facing the Challenges of Caregiving for a
Spouse or Intimate Partner*

Presented by Nancie Potter, JD, LMFT

It's one thing to promise faithfulness in sickness and in health, but the reality of caring for a spouse with chronic or terminal illness can feel like too much to bear. It's not just that the physical demands take such a toll. Fear, anxiety, confusion, disappointment, uncertainty, sadness, and anger can sap emotional strength and undermine spiritual foundations. Layer in grief, guilt, shame, underlying relational issues, or outside stressors, and even the most committed caregiver can be overwhelmed. This workshop offers hope and help.

Presenter Nancie Potter will address these issues and more with warmth, expertise, and understanding. Bring your questions!

Workshop Info

When:
Saturday, April 13
10am – Noon

Where:

**The Northwest Catholic
Counseling Center**
*8383 NE Sandy Blvd. Ste 205
Portland, OR 97220*

Cost: \$30*

Register Online:
nwcounseling.org/services/workshops/

Or Call: (503)253-0964

Pre-registration required. Workshop fee must be paid at time of registration.

**Hardship scholarships available upon request*

